

# BE IN THE KNOW

about  
drugs,  
including  
alcohol

Do you think you know all there is to know about drugs, including alcohol? Maybe you're worried about a friend? Or worried about yourself?

If you want to know more about the risk to health, wellbeing and future choices and where to go for more help and support come along to a free, confidential session run by the NHS.

Come along to the John Allen Room,  
Stoke Bishop North Village  
Wednesday 23 October at 3pm.